

## Leadership Defined

The Eastside leadership traits are at the core of everything that we do as YLs. This session gives us a chance to think about them in great detail and apply them to different challenges. **Make sure you have all the 12 traits written with definitions in your journal.**

### Starting out:

Consider the following questions.

- What do you think is the most important leadership quality?
- What do you think is the hardest quality?
- What quality do you respect most in your leaders?

### Sinking Ship:

Discuss this scenario and reach a decision as a group. You have 10 minutes and someone should be prepared to explain how you reached your decision.

Your ship is sinking and the seas are rough. All but one lifeboat has been destroyed. The lifeboat holds a maximum of six people. There are ten people that want to board the lifeboat. The four individuals who do not board the boat will certainly die.

- Woman who thinks she is six weeks pregnant
- Lifeguard
- Two young adults who recently married
- Old aged pensioner who has fifteen grandchildren
- Primary school teacher
- Thirteen year old twins
- Army nurse
- Captain of the ship

After you've made your choice, consider:

- Who agreed and disagreed and why?
- Who took on a leadership role in this challenge?
- Did it help you to make decisions faster?
- Were there any challenges with this?
- What does this challenge teach us about leadership?

### Definitions:

Leadership styles can be categorised in 3 main ways.

**Authoritarian:** A style of leadership where the leader takes control of all decisions with few ideas from group members. These choices are usually based on the leader's own ideas and judgements.

**Laissez-Faire:** A style of leadership where the leader encourages group members to participate and input into decision making. They offer guidance and encourage ideas, but have the final decision.

**Democratic:** A style of leadership where the leader offers very little guidance to group members, and leaves them to decision making.

- What are the advantages and disadvantages of each of these? **Write them in your leadership journal.**

### Extension:

Take this leadership quiz and consider your own leadership style:

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